

PHYSICAL/EMOTIONAL LINKS (author unknown)

ABDOMINAL AREA: Incorrect use of judgment (wisdom) ~ Identifies with possessions and has little sense of self ~ Feeling possessive of someone ~ Worrying about others, but needs introspection to change self ~ Feels responsible for giving understanding, help and encouragement ~ Feeling undue tension, fear and anxiety which constricts the energy flow ~ Disharmony and bondage in relationships ~ Bound up in present fears and not trusting.

ABSCESSSES: Seething; unresolved hurt feelings ~ Wanting revenge

ACCIDENTS: High level of stress~ Tense and worried~ Feeling a need to punish self ~ Feeling resistant towards authority ~ Feeling defenseless ~ Unable to take a stand—wimpy-washy ~Feeling of being in the wrong place

ACHES: Feelings of being all alone ~ Feeling separated from source of love ~ Feeling that nobody loves me ~ Aching to be held and loved ~ Feeling effort have been thwarted ~ Feelings of sadness

ACNE: Feelings of guilt ~ Feelings of self-rejection/dislike of self ~ Disowning what is happening in life—"Denial" ~ Unwilling to face up to issues

ADDICTIONS: Distorted memory in the DNA ~ Unable to think rationally ~ Unable to perceive clearly and correctly ~ Disapproval of self/running from self ~ Feelings of self-rejection ~ Feelings of despair ~ Feeling a void in the Soul ~ Wanting to avoid feeling

ADDISON'S DISEASE: Lacks understanding of self/no sense of self ~ Anger at the self ~ Inability to understand own emotions ~ Feels no mercy for self

ADENOIDS: Acute disharmony in the home ~ Feels restricted in life/in breathing ~ Child feels unacceptance or hostility from someone ~ Feels unwelcome, in the way

ADRENAL PROBLEMS: Feels like a victim ~ Feelings of being defeated "Don't care what happens to me" attitude/lack of courage ~Feelings of anxiety ~ Misusing the will ~ Subconscious belief that life must have burdens ~ Unresolved jealousies and fears ~ Feeling that one must struggle for success, power or position

AGING PROBLEMS: Inability to accept NOW ~ Fear of being one's self ~ Long standing unresolved negative feelings

AIDS: Feeling defenseless and hopeless ~ Feels nobody cares ~ Belief of "not good enough" ~ Denial of the self ~ Extreme deep-rooted anger

ALCOHOLISM: Inability to cope/futility/"What's the use?" attitude ~ Feelings of worthlessness/self-rejection ~ Feelings of living a lie/guilt/inadequacy ~ Locked in by unresolved negative words of others ~ Protecting against feelings one is afraid to feel

ALLERGIES: Suppressed weeping ~ Imitation substitute for colds ~ Feelings that don't seem to have an answer to change ~ Fear of sharing feelings with people ~ Feeling stifled ~ Denying own power

ALZHEIMER'S DISEASE: Tired of coping ~ Can't face life anymore ~ Feels unable to be in control of own life ~ 'feelings of inferiority and insecurity ~ Suppressed anger ~ Wants to live in own little world ~ Feelings of hopelessness and helplessness

AMNESIA: Unable to be assertive/to stand up for self~ wanting to escape life's problems/running from life ~ Fear of the future

ANEMIA: Angry at self for inability to control things~ Feeling life is not going the way I want ~ Feelings of "I'm not enough" ~ Manipulative but resentful at being manipulated ~ Feels there is no joy ~ Lack of order in life

AMENIA: (Pernicious) Feelings of total helplessness ~ Have given up ~ Deep, unresolved grief

ANKLES: Fears falling or failing ~ Inflexibility ~ Instability in present situation

ANKLES: (Swollen) Feeling overworked, but can't quit ~ Feels there is no relief from pressures in life

ANORECTAL BLEEDING: Anger ~ Frustration

ANOREXIA: Feels totally unable to please parent (usually mother) ~ Feels unable to live up to expectations of others ~ Feelings of self-rejection/self-hatred

ANUS: Survival is threatened by outer conditions ~ Feeling powerless in some area

ANXIETY: Feels unable to "call the shots" in life ~ Feels boxed in ~ Feels helpless to affect a change

APATHY: "Spark of life" has been turned off ~ Doesn't want to feel

APPENDICITIS: Undue fears about life~ Unable to deal with fear: energy flow is constricted

APPETITE: (loss of) Incorrect perceptions causing distrust and a form of depression ~ (Excessive) Feeding the need for love, acceptance and protection

ARTERIES – HARDENING: Fears being disappointed~ Hard-hearted ` Being dictatorial ~ Feeling obstructed or delayed in life ~ Unresolved feelings obscuring the flow of life

ARTERIOSCLEROSIS: Long-standing inability to express feelings and emotions ~ Unable to see the good ~ Layers of unresolved feelings built up inside ~ Refusing to be open-minded

ARTHRITIS: Severely criticizing self or others ~ Holding onto feelings of hostility ~ holding onto own opinions and beliefs ~ Long term tension or anger in life ~ Feelings of anxiety and/or depression endured over long periods of time ~ Belief that it's wrong to get angry which creates: Repressed anger that eats you up, Need to be right, Rigid in thinking and feelings, Uncompromising attitude, and/or Inflexibility

ARTHRITIS-RHEUMATOID: Body is receiving conflicting messages, like: Laughing on the outside, crying on the inside ~ Feels totally helpless in ability to change life's burdens

ASTHMA: Reliving childhood fears ~ Need for dependence ~ Chronic anxiety and fear ~ Unconscious dependency wishes ~ Feeling dominated by a parent ~ Wanting to protest, but unable ~ Being over-sensitive ~ Suppressed sorrow or crying ~ Feelings of being stifled

AUTOIMMUNE SYSTEM: Laughing on the outside, but crying on the inside ~ Feels totally helpless ~ Have given up ~ Deep seeded/seated grief

BACK PROBLEMS: Feeling no support ~ Can't cope with emotional difficulties ~ Feeling burdened emotionally ~ Feelings of frustration ~ Wanting someone to "get off my back"

BACK-UPPER: Feels unsupported or burdened emotionally ~ withholding your love from others ~ Feeling agitated or anxious ~ Feelings of frustration

BACK-MIDDLE: Feeling guilty ~ Lacking self-support ~ Lacking in self-confidence

BACK-LOWER: Feels unsupported financially ~ Experiencing fear where money is concerned ~ Wanting to back out of something ~ In a relationship that hurts ~ Running away from a situation

BED-WETTING: Feelings of fear toward parent (usually father) ~ Unconscious anger

BLADDER PROBLEMS: Repression of sexual feelings ~ Inharmonious male and female emotional relationships ~ Sexual identity going unexpressed ~ Unable to release things of ideas no longer needed ~ Feels over concerned with survival issues (money, job, health) ~ Lack of order or obsessed with order

BLEEDING GUMS: Inability to feel joy over decisions

BLISTERS: Feeling unprotected emotionally ~ Resisting the flow of life

BLOOD DISORDERS: Feeling powerless in some area of life ~ Feelings of deep anger ~ Feelings of long-standing ill will ~ Intense depression

BLOOD PROBLEMS: Not feeling joy in life ~ Stagnant thinking ~ Unable to flow with life ~ Feelings of fear

BONES: (Broken) Feelings of separation ~ The feeling nature is very obstinate or fixed

BONE PROBLEMS: Resisting authority ~ Internally punishing self

BOWELS: Fear of displeasing a loved one ~ Fear of releasing the old that is no longer useful ~ Fear of not having ample means ~ Unable to control outer situations; tried to control a substitute ~ Unwillingness to relinquish control ~ Inability to eliminate possessive attitudes

BRAIN: Extreme nervousness ~ High anxiety ~ Feeling unable to control life

BREASTS: Conflict of worthiness ~ Denying individual worth ~ Feels conflict in nurturing ability

BRONCHITIS: Extreme disharmony in the home (A baby always feels the disharmony is their fault)

BRUISES: Feels a need to punish self

BULEMIA: Mistaken self-image ~ Inability to accept self ~ Feelings of no control over one's self ~ Unsatisfied needs never met ~ Feelings of self-contempt ~ Feels unable to measure up to others expectations

BUNIONS: Constant and chronic fear

BURSITIS: Feelings of anxiety ~ Feelings of anger which have been repressed ~ Feel you have *lost control* ~ Feeling helpless to change a situation ~ Tension built up ~ Holding back hitting someone ~ Frustrated with the flow of life

CALLUSES: Inability to flow with life ~ Not wanting to circulate and be open to new learning

CANCER: Of blood-Leukemia: Intense depression, anger or ill will

Of cervix: Repressed anger

Of female organs: Repressed anger (usually at male authority figures) ~ Feeling an emptiness in life ~ Unresolved resentments ~ Feelings of hostility being suppressed ~ Rejecting the self ~ Feelings of despair ~ Feelings of loneliness being repressed ~ Poor relationship with parents ~ Inability to cope with a traumatic loss ~ Feelings of hopelessness/helplessness being repressed ~ Mental depression ~ Holding on to deep anger, resentment, hate, revenge or jealousy ~ Not open to "light" or divine help ~ Sub-conscious death wish - no desire to live

CANCER – SMALL OF BACK: Continual inside strife, but appearing happy ~ Carrying life's burdens ~ Unresolved emotional burdens

CANCER – STOMACH: Feelings of condemnation and hatred ~ Feelings of malice ~ Feelings of wanting to get even ~ Unforgiveness

CANDIDA: Resentment multiplying inside ~ Inability to claim ones own power ~ Unresolved negative feelings molding in the body ~ Continually blaming others on a sub-conscious level

CANKER SORES: Unresolved negativity ~ Overwork coupled with emotional stress ~ Emotional upset ~ Anxious over details

CARPEL TUNNEL: Feeling that life isn't fair ~ Inability to claim ones own power ~ Feeling justice is never served in your behalf

CARDIOVASCULAR DISORDER: Driven to compete, achieve and acquire material wealth ~ Feelings of agitation and impatience ~ Wanting matters to move more quickly ~ Low self-esteem

CHEST: Belief and emotional center ~ Unidentified unresolved fears ~ Not feeling approval ~ Inability to claim ones own power ~ Lack of self love ~ Feelings of being unprotected ~ Hurts where love is concerned

CHILDHOOD DISEASE: Child responding to mother's feelings ~ Feelings of helplessness ~ Emotional needs not being met ~ Feeling *shoved aside*

CHOLESTEROL: Belief that "I'm not supposed to be happy" ~ Denying self joy

CHRONIC DISEASES: Distrusts the process of life ~ Unwilling to change for the better

CHRONIC FATIGUE SYNDROME: Feelings of despair ~ Feeling totally alone ~ Feelings of desolation ~ Feeling "It's no use" (hopelessness) ~ No will to live ~ Low self-worth

CIRCULATION PROBLEMS: Feeling overloaded ~ Not enjoying job, but can't quit or let go ~ Feelings of tension and discouragement ~ Feeling "I must prove myself, but how?"

COLDS: Unkind feelings toward someone ~ Confusion in the home ~ Confusion in life ~ Belief in seasonal sickness

COLD SORES: (Fever Blisters) Inability to express anger ~ Feeling pressured or burdened by responsibilities ~ Unable to cope with pressures of life ~ Feeling resentful of the load you are carrying

COLIC: Not happy with surroundings ~ Feelings of irritation ~ Feelings of impatience

COLITIS: Overly concerned with order (lose freedom) ~ Worrying excessively ~ Feelings of oppression ~ Feelings of defeat ~ Feel a need for more affection

COLITIS – ULCERATIVE: Often manifest in those with obsessive-compulsive behavior ~ Indecisiveness ~ Feelings of anxiety ~ Unable to express hostility or anger to whom you feel it ~ Feels a need to conform ~ Feels like a martyr

COLON: Bottled up hate

CONJUNCTIVITIS: Feelings of frustration at what you see in life ~ Feelings of anger towards life ~ Not seeing the perfection in people and life

CONSTIPATION: Constantly fretting ~ Unwilling to release old feelings and beliefs ~ Resisting the flow of life ~ Feelings of anxiety ~ Irresolvable problems/determined to carry on

CORNS: Holding onto hurts of past experiences ~ Hardened feelings

COUGHS: Nervousness ~ Feelings of criticism ~ Feelings of annoyance ~ Feel like you are choking on life

CRAMPS: Fear of pain ~ Holding onto incorrect perceptions of femininity ~ Tension build up

CYSTIC FIBROSIS: The belief that "life works for everyone but me"

CYSTITIS: Unresolved irritability ~ Habitual unhappy thought patterns

CYSTS: Feeling sorry for self ~ Inability to resolve hurt feelings

DEAFNESS: Not wanting to hear what is going on ~ Lack of self-love ~ Feeling of poor self-worth ~ Wanting to be isolated ~ Feels more comfortable in own little world

DEMENIA: Feeling hopeless and helpless ~ Tired of having to struggle with life ~ Unresolved anger

DEPRESSION: Feeling "I'll never be able to be enough or do enough" ~ Feeling "It's no use" ~ Feeling "Things are beyond my control" ~ Hopeless/helpless feeling ~ Insufficient exposure to sunlight (usually in Winter) can also cause depression

DIABETES: Judging self or others severely ~ Disappointed in life ~ On-going feelings of sorrow ~ Emotional shock ~ Joy of life is gone ~ Feeling "It should have been different" ~ Obsessed with wanting to control

DIARRHEA: Rejecting the visualization of something you don't want to accept ~ Wanting to be done with someone or something ~ Running away from a situation ~ Fear of something in the present ~ Obsessed with order

DIZZINESS: Feeling overloaded ~ Feeling "I don't want to cope anymore" ~ Not wanting to accept things as they are

DOWAGERS HUMP: Unresolved anger ~ Built up resentment ~ Carrying others burdens

DRY EYE: Unable to express grief ~ Feelings turned off ~ Incorrect perceptions from early years; keeping tears from flowing

DYSENTERY: Fear of the present ~ Feelings of being unjustly dealt with

DYSMENORRHEA: Feelings of anger toward self ~ Inability to forgive self

EARS: Hearing corresponds to the understanding ~ Hearing problems: Trying to force someone to hear things your way ~ What are the advantages of not hearing?

EARACHE: Feelings of anger at what you are hearing ~ Don't want to hear what is going on ~ Children: Can't abide the turmoil in home

ECZEMA: Over-sensitive ~ Feel you are being interfered with or prevented from doing something, thus feeling frustrated ~ Unresolved hurt feelings ~ Unresolved feelings of irritation

EDEMA: Sympathy for self keeping person from moving too fast ~ Body's way of putting on a cast ~ Feeling a need to be immobilized in some area of body ~ Holding onto something that is not necessary

ELBOW: Inability to accept new experiences ~ Inability to change focus ~ Resisting achievement or sense of confidence

ELIMINATION PROBLEMS: Deep subconscious resentments ~ Holding on to past experiences ~ Not letting go, which created blockages ~ Tension built up

EMPHYSEMA: Feeling unworthy to live ~ Fears taking in life to the fullest

ENDOCRINE SYSTEM: Drastic imbalance in life

ENDOMETRIOSIS: Deep-seeded unresolved sadness going unanswered ~ Feelings of frustration ~ Feelings of insecurity ~ Lack of self-love ~ Wanting to blame problems on others

ENERGY: (Continual lack of) Unresolved deep-seeded sadness ~ Tired of the day to day struggle ~ Wishing you could "quit"

EPILEPSY: Feeling a need to persecute self ~ Wanting to reject life ~ Violence against the self

EYES: Circles under: Bitterness~ Remorse/regret ~ Self-condemnation ~ Deep seeded grief ~ Feeling unfulfilled ~ Resentment/hurt

EYES: (cont.) Glaucoma: Protracted hostility
Watery: Unable to express an inner grief ~ Not wanting to understand what you are seeing ~ Not seeing the truth ~ Fearing the future ~ Not wanting to see life as it is ~ Life is weak and out of focus ~ Not seeing eye to eye with another ~ Not forgiving ~ Inability to see one's own self-worth

FACE: Has to do with identity Forehead: Reacting to recent conscious thoughts
Paralysis: Judging self harshly ~ Putting self down in favor of others ~ Feeling rejected ~ Feeling fear and anxiety ~ Having doubts about own competence ~ Can't face a situation, someone or something ~ Afraid of losing face ~ Problems with relationships

Fainting: Fear of the present ~ Feeling unable to cope ~ An excuse to blank out

FALLOPIAN TUBES: (Blocked) Nervous tension of long duration ~ High-strung temperament

FAT: Feel a need for protection ~ Resistance to forgiving ~ Hidden anger

FATIGUE: Resisting life ~ Feeling bored ~ Not enjoying your place in life ~ Experiencing "burn out" in one's job or relationship

FEET: Fear of the future ~ Fear of stepping forward in life ~ Lack of understanding in many aspects of life

FEMALE PROBLEMS: Emotional block where own sexuality is concerned ~ Feeling inadequate in sexual role ~ Feelings of fear or guilt about sex ~ Refusing to "let go" of the past ~ Feels to reject feminine nature ~ Emotional block where mate is concerned

FEVER: Feelings of anger unable to be expressed ~ Feelings of resistance ~ Emotionally "burning up" about something ~ Being affected by lack of order ~ Holding onto the past

FIBROID TUMORS AND CYSTS: The ego has been injured ~ Unexpressed and unresolved hurts

FINGERS: (Fussing over details of life) Thumb: Affected by worry, depression, hate, anxiety, guilt and self-protection
Index: Affected by fear and resentment
Middle: Affected by anger, bitterness and sexuality
Ring: Affected by grief and inability to flow with life
Little: Affected by pretense, deceit and unforgiveness

FINGERNAILS: Biting: Wanting to destroy oneself ~ Resisting authority ~ Over-analyzing tiny details (see Nail-biting)

FLU: Fear ~ Belief in the worst happening to you ~ Belief in mass negativity (see Immune System)

FRIGIDITY: Unresolved fears, resentments or guilt having to do with sex and sexual relationships ~ Fixations, complexes or neurotic attachments affecting emotional nature

FUNGUS: Inability to let go of the past ~ Allowing the past to rule the now

GALLBLADDER: Feelings of bitterness ~ Feelings of anger ~ Wanting to force things

GALLSTONES: Feelings of bitterness ~ Feelings of condemnation ~ Being unyielding ~ Feeling of pride ~ Refusing to forgive

GANGRENE: Morbidity running wild ~ Unresolved poisonous feelings

GASTRITIS: Feelings of uncertainty ~ Feelings of anxiety

GLANDULAR PROBLEMS: Long term inappropriate feelings ~ Unresolved feelings that have created

GOITER: Feeling unfulfilled ~ Feeling of being used ~ Feel purposes have been thwarted

GOUT: Judging others harshly ~ Feelings of impatience ~ Feelings of anger held inside ~ Rejecting others or world around you ~ Wanting to dominate

GROWTHS: False sense of pride ~ Unresolved anger and resentments ~ Inability to accept Divine help ~ Spiritual understanding and values out of balance ~ Nursing buried hurts

GUM PROBLEMS: Not carrying out decisions once they are made

HANDS: Has to do with the ability to grasp or let go of ideas

Left: Receiving or being passive

Right: Giving, reaching out or acting aggressively

Fearing new ideas ~ Fearing lack of opportunities ~ Hands have the ability to give or grab; explore or push away, hold on or let go; caress or punch

HANDS – ARTHRITIS: Rigid, perfectionist or controlling personality ~ Severe self-criticism and criticism of others ~ Inflexible feelings repressed and mirrored in the hands

HANDS – CRAMPS: Conflict over ability and how to communicate it ~ Feels unable to communicate well verbally

HANDS – SWEATY: Fears making mistakes ~ Fears appearing incompetent or foolish

HAY FEVER: Unresolved feelings of rage or fear ~ Unresolved feelings of grief or sadness ~ Repressed tears held back ~ Repressed aggression ~ Wanting to get even ~ Feelings of guilt

HEADACHES: Tension and stress ~ Inability to resolve emotional upsets ~ Hurt feelings going unexpressed ~ Feelings of inner pressure working on you ~ Feeling unable to control ~ Feelings of fear and anxiety getting the best of you ~ Unpleasant relationships ~ Inability to face an issue ~ Manifesting the need to laugh, sing, praise and express gratitude

HEART PROBLEMS: Violating the laws of love; knowingly or unknowingly ~ Feelings of compassion or rejection being blocked ~ Feelings of resentment and/or hurt ~ Not feeling approval from others ~ Upsetting family problems ~ Has a difficult time forgiving (including self) ~ Wanting to release from responsibility ~ In a relationship that hurts

HEMORRHOIDS: On-going feelings of being burdened ~ Feeling pressured or anxious ~ Feeling fear or tension ~ Inability to let go

HEPATITIS: Not wanting to change ~ Feelings of anger ~ Feelings of fear ~ Feelings of hate

HERNIA: Feelings of anger ~ Feelings of being burdened ~ Punishing self

HERPES: Feelings of guilt ~ Feelings of shame ~ Feelings of anxiety ~ Feelings of anger

HERPES-SIMPLEX: Wanting to speak words of bitterness ~ Wanting to complain royally

HIPS: Fears making major decisions ~ Has nothing to look forward to ~ Lack of emotional and physical self-support

HIP-JOINT: Not wanting to accept present experiences ~ Non-acceptance of physical experiences

HIVES: Small hidden fears ~ Fears that are finally surfacing ~ Feeling mistreated ~ Inability to view things with the correct perspective ~ Anger-perceiving someone has inflexible behavior ~ Wanting to protest, but unable to

HODGKIN'S DISEASE: Frantic need to feel accepted ~ Inability to accept self ~ Feels a continual need to prove self

HUNTINGTON'S DISEASE: Feelings of resentment for inability to change others ~ Feelings of hopelessness and helplessness ~ Feelings of deep sorrow

HYPERACTIVITY: Always wanting needs to be met, but feels helpless to have it happen ~ Frustrated due to inability to feel peace

HYPERTHYROIDISM: Feelings of rage for being overlooked

HYPERVENTILATION: Distrusting the flow of life ~ Feelings of resistance to life and its uncertainties

HYPOGLYCEMIA: Feelings of overwhelmed burdens ~ Feeling a lack of joy in life

HYPOTHALAMUS: Feelings of rage ~ Feelings of insecurity ~ Feelings of displeasure ~ Feelings of sadness ~ Feelings of anxiety ~ Hypothalamus governs pituitary and pineal gland which in turn governs endocrine system

IMMUNE SYSTEM: Giving up ~ Inability to care (feeling) for others ~ Feeling that "everything is out of my control" ~ Feeling "there's no use trying anymore" ~ Feeling of "I'm not enough"

IMPOTENCE: Conflicting ideas about sex ~ Fear, resentments or guilt having to do with sex and sexual relationships ~ Unresolved fears towards mother ~ Psychic obsessions or sexual frustration ~ Emotional nature affected by complexes, fixations or neurotic attachments

INCONTINENCE: Weary of controlling the emotions ~ Overflowing emotions

INCURABLE DISEASE: Long standing condemnation of self and others ~ Need to forgive all situations and people of the past

INDIGESTION: Feeling everyone is against you ~ Feel you need to fight your way through life ~ Feelings of anxiety ~ Fear of losing job; losing security

INFECTION: Feelings of hostility ~ Feelings of anger being manifested ~ Feelings of suspicion or annoyance

INFLAMATION: Feelings of rage ~ Feelings of anger or fear

INFLUENZA: Believing the worst will happen to you ~ Fearing the worst

INJURIES: Feelings of guilt and a need to be punished ~ Feeling angry toward self, so needs to suffer

INSANITY: Unable to let go of old ideas or things of the past ~ Wanting to escape ~ Strong desire to separate or withdraw from life ~ Inability to cope ~ Wanting to flee from family

INSOMNIA: Tensions in life ~ Deep seeded guilt ~ Feelings of fear and anxiety ~ Reaction to potential threatening situations

INTESTINAL DISEASES: Inability to assimilate and absorb the new in life ~ Wanting to live in the past ~ Desire to stay in comfort zone

ITCHING: Desires have gone unfulfilled ~ Having a difficult time accepting where you are in life ~ Wanting more than you are getting out of life

JAW PROBLEMS: (TMJ Syndrome) Feelings of rage ~ Subconsciously wanting revenge ~ Inability to express how one feels

JOINTS: Feelings of resentment ~ Suppressing hurt feelings

KIDNEY PROBLEMS: Extension of bladder but more severe ~ Insensitive to situations where caring and concerning should be exhibited ~ Trying to control life ~ Being over-judgmental ~ Feeling emotional confusion ~ Deep subconscious resentments toward people and experiences of the past ~ Unfounded criticism of others ~ Repressed emotions

KIDNEY STONES: Hardened anger

KNEE PROBLEMS: Unable to be flexible ~ Not wanting to bend, usually to authority ~ Ego gets in the way ~ Pride gets in the way ~ Stubborn: wanting own way

KNEE – LEFT: Need to be more receptive to events ~ Feelings of insecurity ~ Experiencing unresolved stress

KNEE – RIGHT: Need to be more assertive ~ Not wanting to give in to authority

LARYNGITIS: Fears voicing opinions ~ Feelings of resentment toward authority ~ Repressed emotions and fears ~ Gripped anger ~ Irritation at someone or some situation

LEFT SIDE OF BODY: Feminine side/Represents receiving

LEG PROBLEMS: Fear of moving ahead with life ~ Fear of change ~ Has difficulty in being resolute about issues ~ Inability to understand

LEG PARALYSIS: Avoiding situation you don't like ~ Avoiding something you are afraid of

LEUKEMIA: Feelings of deep depression ~ Feelings of anger or ill will ~ Significant loss of a parent or a career position ~ Feelings of total helplessness ~ Giving up or quitting ~ Unable to express emotions ~ Feeling present conditions and future possibilities intolerable ~ Feelings of despair

LEUKORRHEA: Sexual guilt ~ Feeling powerless ~ Feeling anger toward mate

LOU GEHRIG'S DISEASE: Unwillingness to accept self-worth ~ Denial of success

LIVER: (Anger Center) Feelings of unresolved anger ~ Feelings of resentment and pettiness ~ Being judgmental ~ Critical thoughts ~ Not forgiving self and others ~ Feelings of injustice and revenge ~ Feelings of self-condemnation ~ Feelings of regret over the past/sadness ~ Being possessive

LOCK JAW: Feelings of rage ~ Wanting to control ~ Inability to express how one feels

LUNGS: Feelings of grief ~ Not feeling approval ~ Hurts where love is concerned ~ Feels life is monotonous

LUPUS: Feelings of deep-seeded (seated) grief ~ Feels like "giving up" ~ Laughing on the outside, but crying on the inside

LYMPHATIC VESSELS: Breaking the laws of love ~ Breaking the laws of peace and joy ~ Resentment, hatred or anger built up inside

LYMPH SYSTEM: Lack of enthusiasm ~ Unable to feel acceptance

MALE PROBLEMS: Feeling inadequate in sexual role ~ Refusing to let go of the past ~ Feeling guilt for sleeping around ~ Holding onto unpleasant memories of previous relationships ~ Feeling unfulfilled in love

MASTOIDITIS: (Most often in children) Not wanting to hear what is happening in surroundings ~ Fears that affect the understanding ~ Feeling left out

MENOPAUSE: Fears this time of life and getting older ~ Fears being rejected ~ Feeling useless

MENSTRUAL PROBLEMS: Unresolved feelings of guilt ~ Fears role as a woman ~ Feels no joy in being a woman

MIGRAINE HEADACHES: Unable to flow easily with life ~ Want to take things at own pace ~ Dislikes being pushed ~ Inability to handle pressure or stress for long periods ~ Pushing to control; wants to control

MIND: Over analysis ~ Fear of the unknown

MISCARRIAGE: Fears timing is "wrong" ~ Fears what the future will bring ~ Fears the responsibility of baby

MONONUCLEOSIS: Feeling unloved ~ Feeling unworthy ~ Feelings of anger from not being appreciated

MOTION SICKNESS: Fears not having control

MOUTH PROBLEMS: Resistant to change ~ Fears moving out of comfort zone ~ Opinionated

MULTIPLE SCLEROSIS: Unwilling to be flexible ~ Unreceptive to new ideas ~ Hard on self: blames self ~ Incorrect use of will ~ Unforgiving of self or others

MUSCLE CRAMPS: Stubborn nature ~ A willful attitude ~ Resists moving forward in life

MUSCULAR-SKELATAL DISEASES: (Muscular Dystrophy) A form of self-created paralysis to keep from hitting someone or moving forward ~ Deep seeded anger that has not been resolved ~ Feels "I must experience pain"

MYASTHENIA GRAVIS: Laughing on the outside, but crying on the inside ~ Feelings of helplessness in being able to change conditions ~ Deep-seeded grief ~ Feels like giving up ~ Fears a change in life

NAIL-BITING: Unfulfilled desires ~ Feeling spiteful towards parents ~ Feelings of frustration

NARCOLEPSY: Wishing you were somewhere else ~ Don't want to cope anymore ~ Weary of responsibilities ~ Wishing responsibilities would go away

NAUSEA: Rejecting the visualization of something you don't want to see ~ Wishing an undesirable situation had never happened ~ Fear of something about to happen

NECK PROBLEMS: Moving under pressure ~ Want to let feelings out but don't dare ~ Inflexible state of mind ~ Not wanting to yield to opinions you think are wrong ~ Non-acceptance and rejection of others

NEPHRITIS: Feelings of disappointment ~ Feelings of failure ~ Feeling life is unfair

NERVES: Influenced by thoughts and feelings ~ How the body communicates within ~ Parasympathetic: Holding onto things or people of the past that need releasing

NERVOUS BREAKDOWN: inability To communicate true feelings ~ Fear of the future

NERVOUSNESS: Inability to communicate feelings adequately ~ Fear of the future ~ Feelings of anxiety ~ Confused thinking

NEURITIS: Feeling of being irritated without your consent ~ Your power is negated because of being irritated

NEUROSIS: Feeling of overload; pressures in life too hard to bear ~ Feeling there is no letting up; "can't quit"

NODULES: Feelings of frustration and resentment ~ Feel you always have to prove yourself ~ Ego feels in jeopardy

NOSE: Bleeds: Feeling overlooked ~ Runny: Crying on the inside; wanting help ~ Running away from unwanted responsibility ~ Stuffy: Not accepting your worth ~ Desire for love

NUMBNESS: Not expressing love ~ Not expressing consideration

OBESITY : Using food as a substitute for affection ~ Inability to admit to self or others what you really want ~ Inability to express true feelings ~ Seeking love ~ Protecting the body ~ Trying to fulfill the self ~ Stuffed feelings

OSTEOMYELITIS: feeling a lack of support ~ Feeling frustrated with life ~ Feeling angry at life

OSTEOPOROSIS: Feeling totally unsupported in life

OVARIES: Feelings of loneliness ~ Desire to feel love and respect ~ Feeling inadequate in sexual role

OVER-EATING (COMPULSIVE): Tension~ Feeling a material-emotional lack ~ Craving closeness ~ Putting on emotional armor ~ A symbol of power and desire to throw one's weight around ~ Emotional energy based on anger and resentment

OVERWEIGHT: Feelings of insecurity ~ Feelings of self-rejection ~ Wanting to protect the body ~ Seeking love and fulfillment ~ Attempting to fulfill the self ~ Feelings are being stuffed inside ~ Unexpressed, mis-perceived and inappropriate feelings

PAIN: God trying to get your attention ~ Repressed anger and frustration ~ In a relationship that hurts !~ Feelings of guilt ~ Indicating that something is imbalanced

PALSY: Feeling stagnant in life ~ Feel you can't move forward

PANCREAS: Feelings of judgment ~ Feelings of guilt ~ Low self-esteem ~ Suppressing laughter ~ Incorrect use of ego ~ Feels the joy of living is gone/not allowing joy

PARALYSIS: Feeling overwhelmed by responsibilities ~ Sub-consciously wanting to escape ~ Resisting life ~ Fear of the future

PARALYZED ARMS: Left Arm: Difficulty in receiving from others ~ Right arm: Difficulty in giving to others ~ Resistance to an unexplained hardness of will ~ Tension of the mind

PARASITES: Allowing feelings to rule you rather than you ruling feelings

PARATHYROID: Unresolved anger

PARKINSON'S DISEASE: Wanting full control ~ Fears not being able to control

PELVIS: Unable to remain grounded or focused in emotional activity ~ Relates to holding on to sexual feelings

PEPTIC ULCER: Feels a lack of self-worth ~ Feels responsible for pleasing everyone

PHLEBITIS: Feelings of being trapped ~ Feeling there is no way out ~ Feels life's immediate problems can't be solved

PIMPLES: Unresolved frustrations ~ Hidden anger surfacing ~ Dislike of self

PINEAL GLAND: Corresponds with inner seeing and hearing ~ Refusing to receive understanding and enlightenment ~ Misusing faith

PINK-EYE: feelings of frustration ~ Feelings of anger at present situation ~ Wanting to obscure what is going on around you

PITUITARY GLAND: Continually picturing ill health or sickness ~ Feelings of being a constant recipient of bad luck/misfortune ~ Not being able to see good in all things

PLANTAR WART: Frustrated about life and the future ~ Deep seeded anger

PNEUMONIA: Weary of life ~ Deep emotional hurts that have not healed ~ Feelings of desperation

PLEURISY: Feelings of antagonism ~ Feelings of hostility

POST-NASAL DRIP: Crying on the inside ~ Feelings of inner grief ~ Feeling you are a victim

PREMENSTRUAL SYNDROME (pms): Relinquishing power to others ~ Rejecting the feminine aspect of self

PROSTATE PROBLEMS: Ideas are in conflict about sex ~ Refusing to let go of the past ~ Fear of aging ~ Feels like throwing in the towel

PROSTATE CANCER: Repressed anger at being restricted

PSORIASIS: Emotional insecurity ~ Unwilling to be accountable for own feelings ~ Unresolved, deep-seeded hurt feelings surfacing

PYORRHEA: Feeling angry at self for not being able to make decisions

RASH: Being irritated by something or someone ~ Unable to flow with life

RESPIRATORY PROBLEMS: Not feeling approval ~ Lack of love ~ Fears living life to the fullest

RHEUMATISM: Feelings of resentment and wanting revenge ~ "I am a victim" syndrome ~ Long-standing bitterness ~ Has a problem loving self and others

RIGHT-LEFT SPLIT: Right : Masculine side /Fighting/Giving/Releasing side ~ Left: Feminine side/Protecting/Receiving/Taking side

SACROILIAC PROBLEMS: Feel you're in the wrong place (job, city, relationship, etc.)

SCIATICA: Mental anxieties regarding creative abilities ~ Sexual abnormality or frustration ~ Over-concerned with money issues ~ Being double-minded

SENIILITY: Inability to stay in the present ~ Longing to return to security of by-gone years ~ Wanting to control those around you

SEX ORGANS~ Feelings of apathy ~ Feeling separated

SHINS ~ Not being true to ideals and values

SHINGLES ~ Fear things won't work out the way we want ~ Over-sensitive ~ On-going tension concerning a situation ~ Hostile energy being manifest

SHOULDERS: (Our expressive part) Bearing burdens that don't belong to you ~ Life is too great a burden to bear ~ Carrying stressful responsibilities ~ Lacking in courage ~ Hunched and Sloped: Feels life is a tough struggle ~ Round: Feelings of Hopeless/Helpless ~ Scoliosis: Inability to trust life

SICKLE CELL ANEMIA: feelings of inferiority

SINUS TROUBLE: Trying to call the shots in someone else's life ~ Dominating possessive ~ Being irritated by a person close to you

SKIN DISEASE: Unresolved feelings of irritation ~ Unresolved feelings of criticism ~ Disturbed reactions over trivial things ~ Lack of security ~ Feelings of impatience ~ Feeling bored ~ Feeling unsettled

SKIN RASHES: Inner conflicts surfacing ~ Someone or something is irritating you ~ Feeling frustrated at not being able to accomplish something

SLIPPED DISC: Feeling indecisive about life ~ Feeling no support in life

SNORING: Refusal to eliminate old patterns

SORE THROAT: Feelings of anger going unexpressed ~ Other negative feelings going unexpressed

SPASMS: thoughts and feelings of fear

SPASTIC COLON: Intense feelings of insecurity ~ Unable to let go and flow with life

SPINE: (Has to do with the ego) Ego getting carried away in pride ~ Feelings of shyness ~ Feelings of inferiority

SPINAL MENINGITIS: Unresolved feelings of rage ~ Inflammatory thoughts

SPLEEN: Lack of self-love ~ Not allowing self to feel others' love/feeling rejected ~ Emotional conflicts ~ Feelings of intense anger/antagonism ~ Feelings of agitation and melancholy

SPRAINS: Feelings of resistance ~ Inability to change directions in life

STERILITY: Extreme nervous tension ~ Hard and cold in attitudes

STIFFNESS: Inability to give ~ Inflexible in opinions and attitudes

STOMACH CANCER: Feelings of wanting to get even ~ Feelings of spite ~ Wanting revenge

STOMACH PROBLEMS: Our sense of security feels threatened ~ Fears new ideas ~ Lack of affection ~ Condemning the success of other people ~ Unhappy feelings

STUTTERING: Wanting to protest, but dares not ~ Unable to express self ~ Emotionally insecure ~ Having to always please authority figures