

Crown Chakra-Sahasrara Beauty, Creativity and Inspiration

Associations:

Sound: Note "B"

Color: Violet

Meridian: Central and Governing

Location: Cerebral Cortex

Physical Components: Right brain hemisphere, Central nervous system, Right eye

Glands: Pineal

Emotional Component: Attachment

Purpose: Understanding

Basic Rights: The right to know and to learn

Harmonious Function:

Intelligence, thought and aware

Sense of spiritual connection

Ability to perceive, analyze and assimilate information

Open-minded

Wisdom

Mastery

Insufficient:

Spiritual cynicism

Feel separated from abundance and wholeness

Learning difficulties

Uncertainty and lack of purpose

Fear of death

Excess:

Overly intellectual

Confusion

Spiritual addiction

Disassociation from body

Physical Imbalances:

Nervous system imbalances

Poor short term memory

Poor coordination

Tired

Hallucinations

Ringing in the ears

Dimming vision

Affirmations:

I am one with all creation

I am consciously living my divine purpose

I am open to the goodness and abundance of the universe

I am grateful for all the goodness in my life

I love and accept myself

I am connected with the wisdom of the universe

I trust my intuition

I am open to letting go of my attachments

I live in t*he present moment

I know that all is well in my world

Nature:

Top of a mountain

To Achieve Balance use Sound Essence Chakra Note "B" Atomizer:

Sound therapy: Note "B"

Color therapy: Violet

Aromatherapy: Frankincense and Gardenia

Gemstone Therapy: Amethyst, Purple Sapphire, Quartz, Charoite,
Danburite, Lepidolite, Moldavite, Selenite